
Rory Miller
6. - 8. October 2017
Hinnerup, Denmark

Rory is one of the World's leading experts in self-protection. He has been a Corrections Officer, a Sergeant, a Tactical Team member and a Tactical Team Leader; he has taught corrections and enforcement personnel skills from first aid to physical defense to crisis communication and mental health - from his west coast home in the US to Baghdad.



Rory is also author of several books and DVDs, and his books "Meditations on Violence" and "Facing Violence" is a must read for everyone interested in the practical application of martial arts. It is therefore a great pleasure for Hinnerup Karate to be able to host our second seminar with Rory. During his visit in Hinnerup, Rory will give a lecture on The Logic of Violence Friday evening, and a practical based seminar during the weekend on infighting and principle-based training.

Program

Friday 6 October 18:00-22:00

The Logic of Violence

Four-hour lecture where you will get a brief overview of Violence Dynamics and will then collaborate on solving the problems a criminal must solve in order to successfully execute a crime. You will then back-engineer the process to both derive and understand the elements of self-protection.

Saturday 7 October 10:00-18:00

Infighting

InFighting is what Rory does as a martial art. The skills translate very well to the self-defense environment, but the mindset does not. InFighting is done for fun. It is extreme close range, chest to chest or chest to back brawling. Because of the range of techniques possible and the speed, Rory finds it to be the best way to integrate your fighting skills, no matter what they are.

Skills covered include close-range power generation, targeting, specialized strikes, use of structure and void in both offense and defense, takedowns, locks, gouging and biting.

Sunday 8 October 09:00-17:00

Principle-based training

This gives an introduction to the physics that underly all effective technique. For instance, when you do a squat, are you ever on your toes? Of course not. And you don't sprint from your heels. So heels down for power, heels up for speed. Rory will demonstrate that the body mechanics of physical self-defense skills are the same body mechanics you use every day. This session will be a combination of lectures, demonstrations and live play to create a deeper understanding of principle-based training.

Practical information

The training during the weekend will take place in normal clothes. So come as you are!

The Logic of Violence (LoV) lecture and the weekend seminar will be two separate events. For the LoV lecture, there will be no limit on class size, but for the weekend seminar there will be room for only approximately 35 people. So book your place as soon as possible!

During the weekend, we will use impact equipment like pads and kicking shields. To ensure there will be impact equipment for everyone, please bring your own if you have them.

Saturday evening we will organize dinner at a local Italian restaurant. So please indicate if you are interested in joining us at the restaurant when sending your registration for the weekend seminar.

Place of venue

Rønbækskolen (in the small sports hall at the school)
Ådalsvej 100
8382 Hinnerup, Denmark

Price and registration

The price for the two events will be:

LoV lecture on Friday: 100,00 DKR

Weekend seminar: 650,00 DKR for both days.

Registration should be by e-mail to info@hinnerup-karate.dk before 28th September. Danish participants should please transfer the registration fee to reg.nr 5075 kontonr. 0001196127, while foreigners can pay when they arrive at the venue.

For more information contact us by e-mail at info@hinnerup-karate.dk or call +45 22 86 67 03 (Jan Drachmann).

