



Uni Karate Dojo  
Stuttgart e.V.

## 13. Stuttgarter Bunkai- & Self-Protection-Days

Saturday 08<sup>th</sup> of July 2023 and Sunday 09<sup>th</sup> of July 2023

**Iain Abernethy, 7. Dan Karate**

Chief Instructor der World Combat Association

<b>Place of seminar</b>	Sporthalle Wolfbuschschule, Köstlinstraße 76, 70499 Stuttgart-Weilimdorf
<b>Subject</b>	<b>Saturday: Bunkai of the kata Tekki / Naihanchi</b> <b>Sunday: Sparring- and pad-drills Iain does in his own dojo (Bitte Pratzen mitbringen!)</b>
<b>Timetable</b>	<b>Saturday</b> 10:00 – 12:00 h, 13:00 – 14:45 h, 15:15 – 17:00 h <b>Sunday</b> 9.00 – 10.30 h, 11.00 – 12:30 h
<b>Fee</b>	60 Euro for both days, 45 Euro Saturday only, 30 Euro Sunday only.
<b>Registration</b>	The number of participants is limited. An early registration is recommended at <a href="mailto:nicolas.hofele@ukd-stuttgart.de">nicolas.hofele@ukd-stuttgart.de</a>  Participation is possible from 18 years on or older. The seminar will be in English language.
<b>Catering</b>	Catering will be available.
<b>Organization</b>	Uni Karate Dojo Stuttgart e.V.
<b>Liability</b>	There will be no liability at all.

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### About Iain Abernethy

Iain Abernethy (Cumbria, GB) is one of the UK's leading exponents of applied karate. He has written a number of critically acclaimed books on the practical application of traditional martial arts and is well known for his work on the pragmatic use of the techniques and concepts recorded in the traditional kata. Iain's seminars, books, DVDs and articles have proved to be very popular with those groups and individuals who wish to practise their arts as the pragmatic systems they were originally intended to be.

More about Iain Abernethy can be learned on his webpage [www.iainabernethy.co.uk](http://www.iainabernethy.co.uk)