## **BRITISH COMBAT ASSOCIATION**

## GEOFF THOMPSON & PETER CONSTERDINE'S

## **ULTIMATE SELF DEFENCE SEMINAR**

A rare event and not to be missed. Geoff and Peter will deliver the most comprehensive and effective self defence and practical martial arts seminar in the UK.



From Impact Development, Line-Ups, Fear Control, Pre-emptive Strikes, Power Kicking, Sweeps and Takedowns,

Close Range Striking to Managing Conflict, Performance under Stress, Self Defence and the Law

Combat Concepts. A certificate will be awarded upon completion of the course.

As always, this will be an inspirational seminar and one not to be missed.

Book early to secure a place.

## **SUNDAY 7TH** OCTOBER 2012

**Venue: Centre AT7, Austin Drive** Bell Green Rd, Coventry CV6 7GP.

All places need to be pre-booked the course will fill quickly!

Course starts 10am to 4pm. Doors open at 9.30am for registration.

DVDs, books and clothing will be on sale on the day.

CARD NO



COSTS: BCA MEMBERS £85 NON-MEMBERS £100 - £50 DEPOSIT SECURES A PLACE

BOOKING

I would like to book places for the Ultimate Self Defence Seminar and enclose a deposit of £ with the paid on the day. Deposit £50 per person. Cheques payable to 'BCA'				with the balance to be
NAME	ADDRESS			
	POSTCODE	TEL	EMAIL	

START DATE

Cheques payable to: 'BCA', 12B Wellgate, Ossett, Wakefield, West Yorkshire WF5 8NS. Tel: 01924 266016. E-mail: info@britishcombat.co.uk

PRIORITY



F O R M





SECURITY CODE



